Title of session: What are you Doing?

Length of recording: 40 minutes

Actors: 2 hosts

Drama 1: two teenage boys, 1 male teacher

Drama 2: 2 teenage girls

Sound effects (SFX): Intro music, transitional music, hands clapping, people cheering

Intro: 'Girls and Boys Club Theme Song' (for 1 min)

Awa (female host): Hello everyone and welcome back to the Girls' and Boy's club! My name is

Awanatu and I am one of your hosts for the club.

Mohamed (male host): Hello everyone! It's very nice to see you again. My name is Mohamed and

thanks for joining our Girls' and Boys' Club. We're very glad that you're here.

Awa: We are both part of the Leh Wi Lan programme sponsored by UK Aid

Mohamed Yes, and we support the Ministry of Basic and Senior Secondary Education to

deliver Free Quality School Education to all students in Sierra Leone.

SFX: Hands clapping, people cheering

Mohammed: Okay, girls and boys, before we begin we must not forget our club rules. Do

you remember what the rules are?

Awanatu: Yes, we say: Keep it REAL!

R is for Respect.

E is for Equal participation.

A is for Ask questions.

L is for languages! The Languages of the club are English and Krio.

Awa: Exactly.

Mohamed: So, when we follow the club rules, we're keeping it REAL.

SFX: Keeping it real song

Awa Brilliant. Now, do you remember what our last session was about?

Mohamed Of course I do! The last session was called "What am I feeling" and it was

great to understand our feelings and other people's feelings, and how to

react to these feelings.

Awa: How was that ?

Mohamed: Well first, we discussed our best qualities, and our neighbours' best qualities:

we found that everybody had different qualities, like I am good at football,

cooking, I am a good friend, and I am also very smart.

Awa: (mocking him) And very modest of course! What else did we do?

Mohamed: We also tried to identify our feelings: when are we sad, when are we happy?

When are we upset and what to do with all these feelings?

Awa: The key thing is to always express our feelings: you can cry, you can exercise,

or sing, or write poems, or speak to your friends.

Mohamed: but you should never use violence! You cannot go around yelling or hitting!

Awa: Of course not, because even if that may feel good for 2 seconds, you would

be hurting others, which is always a bad thing, and it will never help you feel

better in the longer term.

Mohamed: We also learnt how to communicate directly and firmly in a tricky situation,

to protect ourselves, and make our intentions clear to people.

Awa: Yes – and we learnt how to say "No" in a dangerous situation and to stay

firm.

Mohamed: Being direct and explaining clearly what you want or feel is always the best

choice.

Awa: Oh yes! However, if you feel that there is a danger, you should leave the

place and look for help. Safety first!

Mohamed: Shall we get started on today's session now? Girls and boys, are you ready?

If so, say 'yes!'.

(pause for 2 seconds)

I couldn't hear you!

(pause for 2 seconds)

Excellent. That's what we want to hear.

Awa: Okay, Mohamed, let's get started!

SFX: Transition music – 3-4 seconds

Awa: Today's session is: "What are you doing?"

Mohamed What will we talk about?

Awa: Today we will talk about understanding how to identify a problem,

understanding the roots of the problem and how to solve it.

Mohamed: WOW, that's ambitious!

Awa: Yes, that is why we will start right now: girls and boys, do you know exactly

what a problem is?

Mohamed: Raise your hands if you have the answer. Club leaders, please point to the

first three students who put up their hand and let's hear their definition of a

problem.

SFX background music for 20 seconds

Awa: All right! A problem is generally an unwelcome or a bad situation that needs

to be changed. There are small and big problems of course:

Mohamed: For example, if in the morning before going to school, you cannot find your

pen, it is a very small problem, that can be solved easily: a friend can give

you one, or maybe the teacher has a pen you can borrow.

Awa: However, there are sometimes much bigger problems in life. We will discuss

how to overcome them today, ok?

Mohamed: Yes!! Let's do this!

Awa: All right. I am sure you all know that sometimes in life, problems come up, in

your family, at school, with your friends, and solving them might make your

life easier. Problem-solving is a good skill to have!

Mohamed: problem-solv... – WHAT?!

Awa: problem-solving is a big word, but the definition is very simple: problem-

solving is the art of addressing problems, solving them to make them

disappear.

Mohamed: Got it!

Awa Good! Let's hear Mamadou's story – he has a problem with his friends'

behaviour and needs to make decisions and solve his problem.

SFX Gong to start the drama

Teenager 1 Mamadou, come with us, let's skip school today and play football instead –

much more fun!! (laughing)

Teenage 2: And my brother gave me some cigarettes! We can smoke them and nobody

will see us!

Mamadou: But guys, we have the final exams in just one week, don't you want to pass

them? if we miss school now, I am sure Mr Cissé will notice and he will be

mad at us.

Teenager 1: let him be! He doesn't really like us anyway. And I don't think I'll pass either

so what's the point in studying? I'd much prefer to enjoying myself smoking

and playing football.

Teenager 2: Don't be a coward Mamadou, come with us! It will be fun!

SFX Gong to end drama

Awa: Ok girls and boys, you can see there is a problem here: Mamadou would like

to go to school as usual, study and pass his exams. But his friends want him

to skip school and smoke cigarettes.

Mohamed: I am sure he is scared of losing his friends if he does not go with them. They

might also call him a coward. However, school is important to him, and he

likes his teacher Mr Cissé.

Awa: What can Mamadou do? We think there are three possibilities!

Mohamed: Ending n°1: Mamadou follows his friends and skips school. His teacher, who

likes him and thinks he is such a good student, tells him how disappointed he

is.

Mr Cissé (angry) Mamadou, let me tell you that I saw you playing football with your friends

yesterday afternoon, when you should have been in class with me. I am very disappointed in you, I thought you were smarter and knew how school was

important for your future!

Awa: Ending n°2: Mamadou declines and is mocked by his friends.

Mamadou: Guys, this is stupid! You can go play football and smoke your stupid

cigarettes, but I am going to school.

Teenager 1: Little mama's boy is going to school instead of being a man for once!

Teenager 2: well, we don't want you to come either, we're much better without you!

Coward!

Mohamed: Ending n°3: Mamadou uses direct communication and tries to explain to his

friends why they should be doing things differently.

Mamadou: Guys, you are my friends, and I love hanging out with you and playing

football. But I really think we should first go to school, study for our exams-I can help you too, and then after school we can go and play football. What do

you think?

Teenager 1 But we've also got these cigarettes!

Mamadou: about the cigarettes: do you know how smoking affects your lungs? If you

keep smoking you won't be able to breath easily or run fast - how is that

good for your football game?

Teenager 2: But it's only a few cigarettes. They can't make me a bad football player

instantly!

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Mamadou Don't you remember how they make you cough?! And they make you feel

dizzy and sick. It's not worth it. Look, let's go to class and play football

afterwards...I'll even let you score.

Teenager 1: Ha, Mamadou, I'm still not convinced I'll pass my exams but you're right. We

can play football in the afternoon and I'll pass on the cigarettes.

Teenager 2: Yeah, okay. I guess you are right...

SFX transition music

Awa: Okay students, let's do a Group Vote to see which ending you preferred, ok?

Mohamed: Raise your hand to vote for the ending you liked best. Club Leaders, please

count the number of votes for each ending.

Awa: You will have one minute to vote. Club Leaders, are you ready? Group Vote

now for Ending n° 1 – Mamadou skips school and get scolded by his teacher

- raise your hand!

SFX: Background activity music for 10 seconds

Mohamed: Group vote now for Ending n° 2 – Mamadou goes to school and is mocked

by his friends

SFX: Background activity music for 10 seconds

Awa: Group vote now for Ending n° 3 – Mamadou convinces his friends to come

to school with him and play later! Raise your hand for this one!

SFX: Background activity music for 10 seconds

Mohamed: Okay students, thank you for voting!

SFX: Cheering and clapping

Awa: Ok, Mohamed, what did you think of the situation? Mamadou did solve a

big problem here, didn't he?

Mohamed: Yes he did. First he was experiencing psychological violence, wasn't it? his

friends were acting bad, mocking him for not wanting to skip school to play

football and smoke.

Awa: Yes, this was definitely bullying, and it shouldn't happen! Mamadou needed

to analyse his different possibilities to make the right choice, otherwise he

would probably just go with his friends, and skip school.

Mohamed But Mamadou reacted very well in ending 3, right?

Awa: Yes, definitely. He explained firmly why he thought they could do both: go to

school and study for their test, and then still have time to play football.

Mohamed I also liked how he managed to convince his friends not to smoke cigarettes!

Awa: Mamadou took time to analyse this problem, and solved it: he was also very

direct and firm in his speech, which reminds us that a direct communication

is always best!

Mohamed You have to stand-up for yourself!

Awa: One of the best ways to solve a problem, is to follow the "problem-solving

approach", with 4 important steps: Step 1: State the problem: this is when you ask yourself why do you think there is a problem. In his case, what is the

problem, Mohamed?

Mohamed: There is a problem because Mamadou's friends have a very different idea of

what they should do with their time.

Awa: Exactly – now step 2 is "Look at the options' of how you could react and

what might happen. You could have more than one option and you can think

about what might happen for each one.

Mohamed: So on this case, there were at least three options : one was to follow his

friends, which meant that he would skip school and possibly fail his exam

and disappoint his teacher.

Awa: The second option was to ignore his friends, which would potentially make

them angry.

Mohamed And finally the last option was to try to convince them that he was right in

wanting to go to school, which means they would agree and follow him.

Awa: perfect. Then the third step is to evaluate these options in order to decide

which once to choose.

Mohamed: Okay, so what would happen if Mamadou chose option number 3 but was

unable to convince his friends?

Awa: Well, if that is the case, he would have then have to decide between option

1 or 2.

Mohamed: I see. If his friends do not want to listen, Mamadou can decide to ignore

them and go to school. They will face the potential consequences of skipping school by themselves, and Mamadou will not be involved. Or, he could decide to follow them, but if he had tried to convince them otherwise this

would not make much sense.

Awa Exactly – there is always a choice, and we can try to choose the best option,

but if it does not work, then there are other potentially good options as well.

Mohamed That is good to know.

Awa And the final step is to problem solving is to "choose": this is when you

chose your final and best option, after evaluating all the possible options you

might have tried.

Mohamed So in our case, Mamadou evaluated his options, and chose to convince his

friends to go to school, and it worked!

Awa and that's fine problem-solving achieved by Mamadou!

Mohamed What do we do now Awa?

Awa Now we will hear another story, and we will follow the problem-solving

approach to provide a list of solutions, all right?

SFX Gong to start the drama

Anita Cicy, do you know what Aya said to the whole class this morning before

school? She said that we are the teacher's favourites, and that we must be

giving him something in return for good marks!

Cicy: But this isn't true! We are just studying very hard to have good marks.

Anita: Well I know that, but all our classmates believed her. Aya even said that she

will tell our brothers and sisters that we are giving the teacher something in

return for good marks.

Cicy: this is terrible. I don't want my brother to hear any lies about me!

Anita: Well, I think we should get revenge: we should tell Aya's boyfriend that she

was kissing Michael the other day and that we saw her.

Cicy: But Anita, this is not true either! Aya loves her boyfriend very much!

Anita: It is not true, but she deserves it!

SFX music to end drama (3 seconds)

Awa: Well, well, what did you think of this story? We would like you to think

about four things: 1) what is the problem that Cicy is facing? 2) what are the options or ways that Cicy can solve her problem? 3) evaluate these options — what are the consequences and outcomes and which is best? And 4) choose

which course of action you would take.

Mohamed: You have 4 minutes to padi padi with a partner and discuss how Cicy should

solve her problem. Ready? Padi Padi now!

SFX: Background activity music for 2 minutes

Mohamed: Club Leaders, we have 2 minutes left!

SFX: Background activity music for 1 minute

Mohamed: Club Leaders, we have 1 minute left!

SFX: Background activity music for 50 seconds

Mohamed: Club Leaders, we have 10 seconds left! We will start our countdown now.

Mohamed/Awa together: 10...9...8...7...6...5...4...3...2...1! Okay stop padi padi!

SFX: Cheering and clapping

Awa: All right, I hope you all identified several possible options for Cicy in her

difficult situation. Mohamed, what do you think Cicy's problem is?

Mohamed Well, Aya has been lying about Cicy and Anita, and about the teacher,

because she seems to imply that the teacher might offer good grades in

exchange o favours, which is absolutely against the law.

Awa Exactly, and that could provoke serious consequences for the teacher, but

he is innocent, just like Anita and Cicy!

Mohamed So, Anita is mad at Aya, and she wants to take revenge by saying Aya is

cheating on her boyfriend, which is also not true.

Awa: Very well summarized What are the potential options for Cicy?

Mohamed: Well, I can see three options: Option 1: Cicy could let Anita tell lies about

Aya and even help her spread the lies. This will get worse and could end up

with Aya's boyfriend leaving her because he doesn't trust her.

Awa: that's not a nice option isn't it? Even if Aya is telling lies herself. Option 2?

Mohamed Option 2: Cicy convinces Anita not to tell any lies, but she does not want to

confront Aya. So they remain quite. But then their schoolmates become convinced that they are trading favours for good marks, and someone even reports the teacher through the suggestion box because they think it is sex

for grades.

Awa: Oh, so the lies would spread and eventually have very bad consequences for

everyone, especially the teacher!

Mohamed: Yes, I don't like this option either! The third option, is for Anita and Cicy to

try to talk with Aya and ask her why she is saying lies about them in the first place. They are smart enough to do this without being aggressive, but

instead being very direct.

Awa: then what happens?

Mohamed: They understand that Aya is telling lie because she is jealous of them and of

the attention they get from the teacher for being such good students. Cicy and Anita decide to help Aya in school and Aya apologizes for her behaviour.

Awa: mmh, I like this one the most! What might be a second option if they cannot

convince Aya to stop spreading lies?

Mohamed Once they have experimented the first option, if it does not work, Cicy and

Anita could report this to a school mentor or any trusted adult, as this type of lying could be considered psychological violence and shouldn't be

tolerated!

Awa: Exactly. Trying to take revenge by yourself if someone offend you is

generally not a good option. It would only intensify the problem and may

lead to more serious problems.

Mohamed: Yes, remember, safety always come first! You should always refer to a

trusted adult if you feel unsafe or if you feel you cannot solve the problem

by yourself.

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SFX transition music

Awa: All right, Mohamed, I think it is time to wrap up. Would you remind us of

what we learnt today?

Mohamed We learnt that problems, disagreements and arguments are a normal part of

life for everybody. We must learn how to resolve problems and

communicate effectively around it.

Awa: Indeed. We discussed how to analyse and solve a problem, using four main

steps: state the problem, then list the possible options, then evaluate the

options based on what could happen with each.

Mohamed: Then, choose and implement the best option or solution.

Awa: Remember, some problems are best solved as a group. When people work

together to solve a problem, it is sometimes easier.

Mohamed: Yes, and you always get help if you are struggling: school mentors, teachers,

parents, they are all here to help if you feel you need support!

Awa: Okay, students, now let's wrap up with our 'Reflection Time'. Take the next

30 seconds to reflect on what we've discussed today.

Mohamed: You can also use this time to think about how you can use what you learnt

today in your daily life.

Awa: And students, you can also think about any questions you may have. Please

write them down and give them to your Club Leaders after Reflection Time.

Mohamed: Okay everyone, please be quiet now and enjoy your 30 seconds of Reflection

Time.

SFX: Reflection Time music (30 seconds)

Awa: Okay, everyone, thank you for reflecting. Remember, if there was something

that you liked from today's session – share it with others. If there was something that you have a question about, I hope you wrote it down.

Mohamed Please give your questions to your Club Leaders now for Question Time.

Ready? Go!

SFX: Background activity music for 2 minutes

Mohamed: Club Leaders, we have 1 minute left!

SFX: Background activity music for 50 seconds

Mohamed: Club Leaders, we have 10 seconds left! We will start our countdown now.

Mohamed/Awa together: 10...9...8...7...6...5...4...3...2...1! Okay stop Question Time!

SFX: Cheering and clapping

Awa: Thanks, Mohamed. That was great. I think it is time to wrap up the session

now. Did you have any other points to make?

Mohamed: Yes! Our next session is already the last one!! so you have to be there all of

you for the last one!

Awa: Club Leaders, could you please remind us of the day, time and place for our

next and LAST session?

(drums and pause for 3 seconds)

Mohamed: Thank you. Students, do you promise to be on time?

SFX: Group of people shouting 'yes!'

Mohamed: I didn't hear you!

SFX: Group of people shouting 'yes!'

Mohamed: Great. See you then!

Awa: Okay, thank you again for your participation and we look forward to seeing

you for our next session, which is called:

Mohamed/Awa together: "what will you be doing in life?"

Mohamed: (chocked) What!?, how!? Can you guess what we will do in the future?

Awa: Don't be silly Mohamed, I cannot tell what the future is! But we can try to

think about it all together!

Mohamed Interesting! Hope to see you all at the next session!

Awa: See you all soon! (in Krio)

SFX: Closing music (7 seconds)